

Cafe Helen Menu

Address:

105A Edgware Rd, Tyburnia, London W2 2HX, United Kingdom

Phone: +44 20 7402 2072

Opening times:

12:00 AM - 05:00 AM

Side Order

Chips	£4.50
Vermacelli Ricev	

Main Course

Cafe Helen Chicken Shawarma	
Cafe Helen Lamb Shawarma	£19.50
Mixed Grill	
Cafe Helen Special	

Sandwiches

Shish Taouk	£8.00
Kafta	£8.50
	£7.50
Halloumi Cheese	£7.50
Fried Vegetables	£7.50

Mezza

Lentil Soup
Hoummus
Falafel
Halloumi Cheese

Arayes

Course

Urger With Chips

Amb Burger With Chips

Desserts

Baklawas

Knafa

Soft Drinks

Coca Cola

Diet Coke

7up

Diet 7up

Still Water

Fresh Juices

Orange Juice

Mango Juice

£4.95

Cocktail

Melon Juice

£4.95

Strawberry Juice

£4.95

Milk Shakes & Smoothies

Banana Shake

£4.99

Banana & Mango Shake

£4.99

Mix Fruit Smoothie

£4.99

Avocado & Honey

Cold Mezza

Hoummos

Hoummos Beiruty

£8.50

Moutabel

£8.50

Fattoush	
Tabbouleh	£8.50
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Hot Mezza	
Lentil Soup	
Hummus Shawarma	£10.00
Moutabel Shawarma	
Hummus Kawarma	£10.50
Kibbeh Maklieh	£8.00
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Cafe Helen-Open All Night	
Chicken Shawarma	£8.00
Lamb Shawarma	£8.00
Mixed Shawarma	£8.00
Spicy Potatoes	£7.00
Falafel	£7.00
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Others	
Lebanese Coffee	
Espresso	
Double Espresso	
Cappucino	
Latte	
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At Cafe Helen, located at 105A Edgware Rd, Tyburnia, London, the menu offers a delightful array of dishes that cater to various tastes and preferences, perfect for those looking to explore Middle Eastern flavors. From savory appetizers to hearty main courses, this restaurant guarantees a culinary journey that is both satisfying and full of surprises.

Starting with the **Side Orders**, the restaurant offers a simple yet satisfying selection. The **Chips** are crispy on the outside and soft on the inside, making them the perfect accompaniment to any dish. If you're looking for something more filling, try the **Vermicelli Rice** - light and fragrant, it pairs beautifully with any main dish or grilled meat.

The **Main Courses** at Cafe Helen are truly something to savor. A standout is the **Cafe Helen Chicken Shawarma** - tender, marinated chicken that is perfectly seasoned and roasted to perfection, served with a side of aromatic rice or crispy fries. For lamb lovers, the **Cafe Helen Lamb Shawarma** offers a succulent option, with perfectly grilled lamb slices packed with flavor. If you're in the mood for variety, the **Mixed Grill** () is the way to go. It includes a mix of shawarma, grilled meats, and sides like fries or rice, making it a hearty and satisfying choice. Another customer favorite is the **Cafe Helen Special**, a unique dish that highlights the restaurant's signature blend of spices and flavors - it's a must-try for anyone who visits.

For those craving something light yet flavorful, Cafe Helen also offers a variety of **Sandwiches**. The **Shish Taouk** sandwich features grilled chicken marinated in traditional spices, nestled in a soft pita. The **Kafta** sandwich is a delicious combination of minced meat, herbs, and spices, making it a great option for meat lovers. If you're vegetarian, the **Falafel** and **Halloumi Cheese** sandwiches are equally tempting - crispy falafel paired with creamy hummus or grilled halloumi, wrapped up in pita for a perfect bite. For a more filling option, try the **Fried Vegetables** sandwich, offering a tasty and crunchy contrast to the soft pita bread.

In addition to the sandwiches, the **Mezza** options at Cafe Helen are an excellent way to sample a variety of Middle Eastern flavors. Start with the **Lentil Soup**, a comforting and hearty choice made from tender lentils, full of flavor. **Hoummus** is another popular appetizer, served with freshly baked bread - rich, creamy, and bursting with flavor. The **Falafel** is crisp on the outside and soft on the inside, while the **Halloumi Cheese** is grilled to perfection, offering a savory treat that's both satisfying and delicious. For something a little more unique, try the **Arayes**, a dish of grilled pita filled with seasoned meat - a perfect combination of crispy and tender.

Finally, if you're in the mood for a classic, **Shish Taouk** () is a great choice. This grilled chicken skewer is tender and juicy, marinated in a mix of spices and served with a side of rice or fries. For those who want something more Western, the **Burger with Chips** or **Amb Burger with Chips** offer a comforting meal of juicy beef patties paired with crispy fries, perfect for anyone craving a familiar, hearty meal.

The menu at **Cafe Helen** is a true reflection of the diverse and rich flavors of the Middle East, while also offering a few Western options for those with a more familiar taste. Whether you're in the mood for a light bite, a hearty meal, or something in between, there's something here for everyone to enjoy. Each dish is crafted with care and the freshest ingredients, making it a must-visit spot in London for food lovers. Whether you're a fan of Middle Eastern cuisine or simply looking to try something new, Cafe Helen will not disappoint.